

THE DEBENHAM PROJECT

Dementia - Caring for the Carers



It is a part of living in Suffolk that we feel the changing of the seasons. As I write this (and it is in mid September so that it can be prepared for the new Parish Magazine) autumn seems to be upon us with "a nip in the air" in the morning and evening.

It is just a year since we launched The Debenham Project and it has developed so quickly that it is sometimes difficult to realise just how much has been achieved in such a short time. It has all been due to everyone's goodwill and support, both here in Debenham and across the county. I confidently look forward to the next year as one in which we build on this success and help to support more and more carers of those with dementia.

The autumn sessions of our Education and Awareness programme started last month with talks (followed by discussions) by Louise Diss of Age UK (formerly known as Age Concern), and Stephen Dean of Suffolk County Council's Adult and Community Services. They both gave us very interesting insights into "The role of Age UK in supporting carers and the elderly" and "Being aware of what services are available".

The next date is the 6th of October at 7.30 in Dove Cottage, 39 High Street, Debenham. The Speakers on this occasion will be

Jacqui Martin **"Supporting Family Carers in the Community"**

Sue Nicholson **"Accessing Quality Information and Advice"**

Jacqui is the Chief Executive of Suffolk Family Carers and the driving force behind one of the three most important charities supporting family carers. Sue has been instrumental in the success of Suffolk Libraries' "Information on Prescription" – making it so much simpler to find out what carers really need to know.

I hope that you will come and join us – as usual, tea and coffee will be available.

Another date for your diaries is October 3rd. Ruth and Jamie Monck-Mason have very kindly offered to organize and host a concert by the internationally renowned AUER String Quartet, at their home, Tawnys, in aid of The Debenham Project.

Tickets from: Webster's Newsagents, Debenham

Ruth Monck-Mason 01728 860509 or

boswelox@clara.co.uk

Please look out for posters and the article in the Parish Magazine. Do come, it will be a wonderful evening for us all

Once again, we are most grateful for some private donations to the Project. We are continuing with our bids to various bodies for future funding.

As always, thanks to all in Debenham, the surrounding villages, the local authorities, and our partners for all their support.

If you would like to know more please see our display in the Post Office; or ring 01728 862003; or call in at the Library Resource Centre or visit www.the-debenham-project.org.uk

Lynden