



Hi everyone,

A date for your Diary

The Debenham Project – A New Horizon

7.00 pm May 15th 2023

Debenham Community Centre

Dementia is the greatest challenge since the creation of the NHS for the health and wellbeing of us all, and especially for our elderly family members, friends, and neighbours. Virtually no-one, old or young, has not been touched by it. Currently, there are no cures, and clinical treatments to delay or alleviate the symptoms are limited.

It was in this context that The Debenham Project was set up 14 years ago to offer support to family carers and those they care for who are living in Debenham and the surrounding villages. Since then it has very successfully provided a wide range of activities, services, information, and advice.

Carers Club and Info Café, Lunch Clubs, Exercise Therapy, Transport,
Advice and Information, One-to-One support, etc.

As I have mentioned in previous articles, following Covid, we decided to completely review all aspects of the Project. I am pleased to say that we are approaching its completion and are inviting you all to join us in the Community Centre on May 15th to hear how this special community project has supported those who have been living with the impact of dementia on their lives over the past years, and how it aims to continue for the next decade and beyond.

Watch out for the posters later-on in the month.

With all my best wishes,

Lynden Jackson

www.the-debenham-project.org.uk ; 01728 862003