

Hi everyone,

The last time I penned (that has become a forgotten term!) my article was in last November. We are now in a New Year, and I wish everyone a very Happy New Year.

January is the traditional month for reviewing the past year and looking forward to the new. So, it is also with The Debenham Project, and why the trustees and the leaders of our groups, activities and services get together to hear about and discuss the whole breadth of the Project – What we do, how many we support, what it costs, the benefits, and what we could do better this year. During the year we tend to concentrate on our individual bits of the Project as volunteers and participants and rarely think about the spectrum of support we offer and whether we would like to know more about one or many of the other bits. So here they all are:

Carers Club/Info Café; Fit Club; Lunch Clubs; TLC (Talking, Listening, Caring) Group; Post Diagnosis Support; Songs for Sharing; On-line Support Package; Events; Website; Information and Advice; Transport; Publicity and Promotion; Project Management; Funding and finance.

All of it is based upon the very real needs of local carers and those they care for. The amazing generosity our community, and often (sadly) by donations made in the memory of those loved ones and friends who have passed away. Please do let anyone you know who might be struggling to care for a partner, mum, dad, relative, friend or neighbour about The Debenham Project, or if you would like to become a volunteer with us, to call me on 01728 862003.

Finally, this month, so many thanks go out to the relatives and friends of Sue Vickress and Olive Crane – both very loved participants of the Project, Otley Crafting Club and Otley Christmas Post, the URC, John and Margaret Garrod, and, especially, Tammy (Ruby and The Angel) is a very lovely and amazing supporter of the Project. Her latest fundraiser is "Donate your Ruby Pre-loved clothing to help raise money for The Debenham Project". I can't thank you enough. And also a big thank you to our drivers for all their great efforts to get people to their appointments despite the weather, the floods, the potholes, and the roadworks.

With all my thanks and best wishes, Lynden Jackson www.the-debenham-project.org.uk; 01728 862003