



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
THE DEBENHAM PROJECT

On accounts for the year
ended

31 March 2015

Charity no
(if any)

1133501

Set out on pages

10 to 18

10 to 18 (remember to include the page numbers of additional sheets)

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent
examiner's statement

In connection with my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

18/10/15

Name:

COLIN CONWAY ELEY

Relevant professional
qualification(s) or body
(if any):

Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.



Trustees' Annual Report for the period

Period start date
From 1 APRIL 2014 **To** 31 MARCH 2015
 Period end date

Section A Reference and administration details

Charity name THE DEBENHAM PROJECT (DEMENTIA - CARING FOR THE CARERS)

Other names charity is known by

Registered charity number (if any) 1133501

Charity's principal address C/O 23 HIGH STREET
 DEBENHAM
 STOWMARKET, SUFFOLK
Postcode IP14 6QL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	L JACKSON	CHAIRMAN		
2	R W R COCKERTON	TREASURER		
3	DR P FIELDER	TRUSTEE		
4	M ROUSE	TRUSTEE		
5	MRS G SHACKLOCK	TRUSTEE		
6	R.BLACKWELL	TRUSTEE		
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	TRUST DEED
How the charity is constituted (eg. trust, association, company)	TRUST
Trustee selection methods (eg. appointed by, elected by)	ELECTED BY EXISTING TRUSTEES

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Relationships with related organisations: The charity is committed to providing support services, information and advice, and referral to professional organisations. It does this by setting up services and activities which are managed and run by local volunteers but which "draw in" the professional support capability of the local authorities, the NHS, and the major charities when appropriate. Many of our activities and services are provided in collaboration with these organisations. Generally the relationships with these organisations are not contractually defined but are based upon the principle of informally "working together" to the overall benefit of those who need support. However, by virtue of the recognised contribution of the project in community-based post- (and pre-) diagnosis dementia support services and care, the charity has, to date, conducted two significant individual projects/activities funded by other agencies. It is a preferred option that the charity should provide the lead, and to commission professional services from Suffolk-based charities and recognised individuals as required. It is anticipated, that this will be an ongoing pattern dictated by the charity's commitment to share its experiences and learning, but balanced by its limited resources which must be prioritised to the support of local family carers and those they care for.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

TO RELIEVE THE NEEDS, AND TO PROMOTE AND PROTECT THE GOOD HEALTH OF PERSONS SUFFERING FROM DEMENTIA, AS WELL AS THEIR CARERS AND FAMILY, IN PARTICULAR BUT NOT EXCLUSIVELY, BY ASSISTING IN THE PROVISION OF SUPPORT, SERVICES, RESPITE AND GUIDANCE TO THE CARERS AND FAMILY OF SUCH PEOPLE. IT IS RECOGNISED THAT THIS OBJECT MAY BE FURTHERED BY EITHER GIVING SUPPORT OR SERVICES DIRECTLY TO THE CARERS, OR THOSE WITH DEMENTIA, OR JOINTLY IN DEBENHAM AND IN ITS IMMEDIATE NEIGHBOURHOOD.

The Debenham Project was proposed in April 2009, publicly launched in October of that year, and granted charitable status in January 2010.

With regard to the guidance issued by the Charity Commission on public benefit, the charity/project has developed a unique community-based approach to the support of carers of those with symptoms of dementia, and those they care for. The wide range of services and activities (see below), created to help carers who are (or are close to) having to cope with the 24/7 care of a partner, father, mother, friend, or neighbour with dementia, have achieved viability, and medium to longer-term sustainability.

The charity was asked to address the problems that dementia presents to our community and, especially, to those who care for someone with the illness. It did, in less than 18 months, provide a comprehensive range of services which were, and continue to be, second to none in Suffolk (and probably in the UK) in their breadth and focus on the individual in need of help. These now include:

An information and advice facility, dementia awareness and education sessions, social lunch clubs, fortnightly activities and social sessions, a fortnightly carers' club and info café, a weekly chair-based exercise club, medication management support, linking to respite care provision, support for those involved in diagnosis, emergency/respite carer cover, an independent professional carers network, an informal transport network, a carers' relaxation therapy group, and a number of special events.

It has continued to develop its support according to the needs of family carers and those who they care for.

The charity is committed to maintaining and further developing its activities and services. Full descriptions of these services can be found on the charity's website. They are staffed by volunteers but, at the same time, "drawing in" when needed the best available professional support from the local authorities, the NHS, the charities, and other agencies. This has created a model that can be applied to other rural communities, and experience that can be shared with other groups who wish to do something similar.

Since its inception, the project has provided advice and guidance to various bodies, community groups and other organisations with regard to our approach and how others may learn from our experiences. Its unique approach is one which is common-sense in its localisation, and effective in its focus on the problem at a personal level. It is now taking a leading role in collaboration with the CCGs and Suffolk County Council in "encouraging" / "driving" the development of better community-based dementia support throughout Suffolk.

It also continues to provide input to strategic discussions and reports concerning the problems that dementia presents to rural communities at county and national levels. It is working with Suffolk's CCGs, Adult Care

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Services, and the key charities to help improve support for families living with the impact of dementia on their lives.

It has taken the lead role in organising a seminal conference in June 2015 to highlight Suffolk's innovative dementia support projects and explore how the county should respond to the challenge that dementia and our ageing population presents.

Previously, from the unique standpoint of this community-based health and social care project, it researched and developed long term plans to demonstrate a new and more cost effective approach to the care of all elderly and frail people in rural communities. "Putting it All Together – The Vision Of Caring" has been proposed to local and central Government, the NHS, the Local Authorities, etc. The broad principles of our findings have been accepted and we are seeking to gather support and funding for at least one pilot to be initiated.

Significant efforts continue to be made to develop the already high local profile at regional and national levels.

For a full description of the project visit:

www.the-debenham-project.org.uk

<http://www.the-debenham-project.org.uk/downloads/leaflets/booklet.pdf>

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Grantmaking: Hitherto, the project has not made grants to individuals or organisations. However, it has operated a policy of providing its services free to participants, or at a nominal (subsidised) cost. It continues with this policy. Where it seems appropriate, e.g. volunteer transport, we suggest a donation, within the circumstances of the client, which approximately relates to the mileage costs incurred by the volunteer. On a case by case basis this may be waived.

Volunteers: This is, overwhelmingly, a volunteer-based enterprise. However, it is recognised that volunteers cannot replace professional support staff in the charities, local authorities and NHS. It is our policy to collaborate with the key professional agencies in providing the best possible quality of support to carers and those they care for. What the project is able to do is very much governed by the number and the motivation of the volunteers and, as such, the evolution of the project can only be in terms of cooperation and collaboration at a personal level. The project has received a tremendous amount of goodwill from the community and this is reflected in a very healthy volunteer base. There are over 100 people who have offered their support, over 70 of whom who have already provided some actual help in one form or another and about 50 who give 2 or 3 hours on a regular basis. New volunteers are regularly coming forward. It is the project's policy to have "a lot of volunteers who each do a little", rather than "a few who do it all".

Summary of the main achievements of the charity during the year

This accounting period covers the activities of the charity from April 2014 to April 2015. It has been a period which has seen the project continue to evolve and grow, adding services and activities, and developing its reputation and influence in the field of community-based dementia care and support.

Basic Volunteer and Service Statistics: Volunteers continue to offer their time - 100+ and still counting. Approximately 50 regular volunteers - ½ day every fortnight. Fortnightly Cameo, Carers Club and info Café, and Relaxation Therapy; weekly Fit Club; and 3 monthly Lunch Clubs. Overall, near to full capacity of a little over 200 person sessions per month. Some level of support has been provided to approximately 65% of the estimated number of families coping with dementia.

Existing services: The charity has continued to successfully provide a wide range of support to family carers and those they care for. During the year the numbers attending the various regular events have risen by about 10% to over 200 person sessions per month - in comparison to an estimated total figure of about 1100 for the whole of Suffolk. We are operating at full capacity for the accommodation and the current number of regular volunteers. For the time being we are coping with the numbers who are seeking support and participation, but future growth will mean replicating clubs and activities. We believe that the project is in contact with and has provided some level of support, ranging from advice and information through to regular participation in clubs and activities, to about 65% of the estimated number of families living with dementia.

New and changed services: In line with its aims the project has made the following changes:

A third monthly lunch club has been introduced.

Transferring the Volunteer Transport Network – an informal group of volunteers who provide lifts for elderly and frail participants in the project who have difficulties in attending hospital, clinic, and GP appointments – into the hands of the Parish Council is being explored.

A Relaxation Therapy Group has been introduced teaching and practicing stress reduction through meditation and mindfulness techniques.

Sadly our Confidential Telephone Support Line at weekends has been closed. The volunteers, over the time of the service were “at the end of the phone” over 750 times. This service, although valued by family carers as “knowing there is someone there if I need them”, has only been called on a few times and has been superseded by a county-wide dementia helpline.

Dementia Friendly Communities: The Debenham Project continues to be recognised as a leading “dementia friendly community” and, as such, continues to promote dementia awareness, and active support within the catchment. The project is also committed to encouraging other rural communities to be proactive in developing local dementia care. This has included sharing our understandings and experience with groups as far

afield as Pembrokeshire and Manchester.

Recognition: The project has achieved substantial national and regional recognition for its work in community-based dementia support as illustrated by the following examples:

Point of Light Award granted by the Prime Minister

Inspiring Age Award 2014 given by AgeUK Suffolk

Direct interest by NHS England leading to an offer by Prof. Alistair Burns and Prof. John Young (the directors for Dementia and Frail Elderly) to support and participate in a major conference in June 2015.

Funding: The charity has established a sound core-funding position through to Autumn 2018. However, this is dependent upon a continuing successful balance of funding bids, private donations, reserves, contributions from participants, and money raising activities. The Trustees are concerned that for medium to long-term sustainability the statutory authorities (NHS and Social Services) must develop a proper partnership with community-based support charities such as ours, in which they acknowledge that such organisations are an integral part of health and social care and must be funded accordingly.

Value For Money: The charity has provided a wide range of community-based dementia support services within a catchment population of about 8,500 at an annual cost of £85 pa per family averaged over the estimated 100 families living with dementia in the catchment area.

Outreach: The project has given a significant number of presentations to other communities and groups with the aim of stimulating similar projects in other rural areas of Suffolk. It has been leading the work with the other major charities and community projects in Suffolk to develop ways of encouraging and funding other communities to develop their own voluntary dementia support initiatives.

Research: Understanding the actual state of dementia care and support as seen from the viewpoint of those who have to cope with the illness on a daily basis is critical to effective and quality provision of services. The Debenham Project initiated and chairs a multi-agency group (Suffolk County Council, NHS Suffolk, major charities, Norfolk and Suffolk Dementia Alliance, Healthwatch, University Campus Suffolk, etc.) of senior officers with the aim of seeking ways to establish, and monitor, a more accurate and coherent picture of the "Experiences, Perceptions, and Expectations of Dementia Care in Suffolk".

The proposed innovative approach for the care of the frail elderly in rural and semi-urban communities described in our 4 year research study has been received with substantial interest at national and county levels. The next steps to further evaluate the ideas with a view to implementing a pilot are in consideration.

Overall: Broadly, the project has continued to evolve and has achieved a position at the forefront in the provision of local care and support services for those whose lives are affected by dementia. It has maintained its philosophy of "getting on and doing something" and built upon previous years' success. The Debenham Project has become a recognised as a model for "Caring in the Community" and the "Big Society" and has been

Section D

Achievements and performance

quoted as an example of innovation and best practice in regional and national discussions.

Section E

Financial review

Brief statement of the charity's policy on reserves

The project aims to protect the sustainability of the project by seeking to maintain reserves sufficient to the cover core costs for a minimum of 2 years beyond the end of the this accounting period i.e. to April 2017. At the currently, they should be sufficient for 2 ½ to 3 years

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Funding: The charity has achieved a reasonably sound funding position based upon the distinction between "core funding", funding for "special projects", and "private donations".

Core Funding: To run and continue to develop the main services of the project requires a funding of about £8,500 pa. In the initial years this was granted from local authority sources (with a total grant of approximately £26,500 thus far). We have been fortunate to continue to receive significant charitable donations from organisations, individuals, and companies eg AXA insurance and Sports Relief. We also have received a number of donations made in memory of those who we have supported. However, the Trustees are concerned, in the general sense, that the local authorities are now exceptionally reluctant to provide longer-term core funding to community projects such as this one despite the fact that such projects are directly supporting the mission of adult care services and enabling them to reduce their costs of service provision.

Special Projects: The project has invested in project infrastructure (e.g. improving the usability, facilities, and disability access of the premises that are used for our activities) and has provided funds to develop future new services (e.g. the "Carers Co-op"), and start research exploring barriers to early engagement and diagnosis. We have already reported in 2011/12 obtaining grants, awards, and funding from public and charitable sources for these projects.

Private Donations: To date, the project has not needed to set a high priority on fundraising. It has continued to receive a significant amount of unsolicited donations from individuals and local organisations in recognition of the value to the local community of the work of the project. Broadly, it is expected that a proportion of this money (£2,000) will be used for special events, activities and expenditures which are in addition to the main core services.

Section F

Other optional information

Additional information is available on the project's website at www.the-debenham-project.org.uk.

A description of the history and achievements of the project entitled "This is: The Debenham Project" can be found at <http://www.the-debenham-project.org.uk/downloads/booklet/150601booklet.pdf>.

Additionally, the reader might like to access "Breaking the Mould" - <http://www.the-debenham-project.org.uk/downloads/articles/breakingthemould.pdf>.

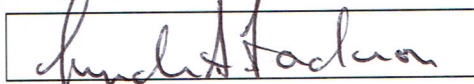
The project's long term aims, and the concepts, ideas, and business model of "The Vision of Caring" can be found at: <http://www.the-debenham-project.org.uk/downloads/steeringdocs/A Vision of Caring rtse7.pdf>

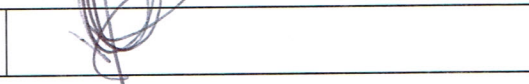
Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)





Full name(s)

LYNNE ASHROFT
JACKSON

ROBERT WILLIAM RYE
COCHRAN

Position (eg Secretary,
Chair, etc)

(CHAIRMAN)

SECRETARY

Date

11th Sept 2015



THE DEBENHAM PROJECT			Charity No (if any)	1133501	CC17a
Annual accounts for the period					
Period start date	01-Apr-14	To	Period end date	31-Mar-15	


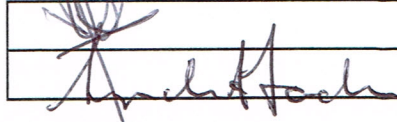
Section A Statement of financial activities

Recommended categories by activity	Details of own analysis	Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last reporting period £ F05
Incoming resources (Note 3)							
Incoming resources from generated funds			-	-	-	-	-
Voluntary income		S01	-	-	-	-	6,630
Activities for generating funds		S02	6,287	-	-	6,287	4,221
Investment income		S03	90	-	-	90	164
Incoming resources from charitable activities		S04	286	-	-	286	167
Other incoming resources		S05	521	-	-	521	534
Total incoming resources		S06	7,184	-	-	7,184	11,715
Resources expended (Notes 4-8)							
Costs of Generating Funds			-	-	-	-	-
Costs of generating voluntary income		S07	-	-	-	-	-
Fundraising trading costs		S08	-	-	-	-	-
Investment management costs		S09	-	-	-	-	-
Charitable activities		S10	7,472	-	-	7,472	15,558
Governance costs		S11	-	-	-	-	-
Other resources expended		S12	840	-	-	840	840
Total resources expended		S13	8,312	-	-	8,312	16,398
Net incoming/(outgoing) resources before transfers		S14	(1,128)	0	-	(1,128)	(4,683)
Gross transfers between funds		S15	146	(146)	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)		S16	(982)	(146)	-	(1,128)	(4,683)
Other recognised gains/(losses)							
Gains and losses on revaluation of fixed assets for the charity's own use		S17	-	-	-	-	-
Gains and losses on investment assets		S18	-	-	-	-	-
Net movement in funds		S19	(982)	(146)	-	(1,128)	(4,683)
Total funds brought forward		S20	20,568	2,526	-	23,094	27,778
Total funds carried forward		S21	19,586	2,380	-	21,966	23,094

Section B Balance sheet

	Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last reporting period £ F05
Fixed assets						
Tangible assets	B01	-	-	-	-	-
	B02	-	-	-	-	-
Investments	B03	-	-	-	-	-
<i>Total fixed assets</i>	B04	-	-	-	-	-
Current assets						
Stock and work in progress	B05	-	-	-	-	-
Debtors (Note 6)	B06	1,230	-	-	1,230	708
(Short term) investments	B07	-	-	-	-	-
Cash at bank and in hand	B08	24,179	-	-	24,179	24,814
<i>Total current assets</i>	B09	25,409	-	-	25,409	25,521
Creditors: amounts falling due within one year (Note 7)	B10	3,442	-	-	3,442	2,426
<i>Net current assets/(liabilities)</i>	B11	21,967	-	-	21,967	23,095
<i>Total assets less current liabilities</i>	B12	21,967	-	-	21,967	23,095
Creditors: amounts falling due after one year (Note 7)	B13	-	-	-	-	-
Provisions for liabilities and charges	B14	-	-	-	-	-
<i>Net assets</i>	B15	21,967	-	-	21,967	23,095
Funds of the Charity						
Unrestricted funds	B16	19,586			19,586	20,569
	B17	-			-	-
Restricted income funds (Note 8)	B18		2,380		2,380	2,526
Endowment funds (Note 8)	B19			-	-	-
<i>Total funds</i>	B20	19,586	2,380	-	21,967	23,095

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	RWR CORREW	04/9/15
	LYNDAN JACKSON	4/9/15

Section C

Notes to the accounts

Note 1 Basis of preparation

This section should be completed by all charities .

1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost (except that investments are shown at market value) in accordance with:

- Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005);
- and with*

✓

 Accounting Standards;
- or
- and with the Charities Act.

Section C**Notes to the accounts****(cont)****Note 2 Accounting policies**

This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.

INCOMING RESOURCES

Recognition of incoming resources	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none"> the charity becomes entitled to the resources; the trustees are virtually certain they will receive the resources; and the monetary value can be measured with sufficient reliability.
Incoming resources with related expenditure	Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.
Grants and donations	Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.
Tax reclaims on donations and gifts	Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.
Contractual income and performance related grants	This is only included in the SoFA once the related goods or services have been delivered.
Gifts in kind	Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.
Donated services and facilities	These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Investment income	This is included in the accounts when receivable.
Investment gains and losses	This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.
Governance costs	Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.
Grants payable without performance conditions	These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.
Support Costs	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost or a reasonable value on receipt.
Investments	Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.
Stocks and work in progress	These are valued at the lower of cost or market value.

Section C	Notes to the accounts	(cont)
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Note 3 Analysis of incoming resources

Incoming resources may be further analysed if this would help the reader of the accounts.

	Analysis	This year £	Last year £
Voluntary income	Norfolk and Suffolk Dementia Alliance	-	6,000
	Suffolk Respite	-	-
	Suffolk Community Foundation	1,000	630
	Donations with gift aid	2,083	1,481
	Ufford Park Tuesday Golf Club Donation	-	-
	Fit Club members contributions	714	760
	Donations made in Memoriam	1,556	1,010
	Other Donations	673	912
	Travel Donations	261	57
	Total	6,287	10,850
Activities for generating funds	Fund raising activities	286	167
	Gift Aid Received	521	534
		-	-
		-	-
		-	-
	Total	807	700
Investment income	Bank interest	90	164
		-	-
		-	-
		-	-
		-	-
	Total	90	164
Incoming resources from charitable activities		-	-
		-	-
		-	-
		-	-
		-	-
	Total	-	-

Section C	Notes to the accounts	(cont)
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Note 4 Analysis of resources expended

Resources expended may be further analysed if this would help the reader of the accounts.

	Analysis	This year £	Last year £
Costs of generating voluntary income		-	
		-	
		-	-
		-	-
	Total	-	-
Fundraising trading costs		-	-
		-	-
		-	-
		-	-
	Total	-	-
Investment management costs		-	-
		-	-
	Total	-	-
Charitable activities	Telephone rental	612	558
	Printing and Stationery	197	308
	Insurances	1,726	1,726
	Postage	104	-
	Cameo Club	471	-
	Dove Cottage Rent	840	840
	Entertaining and refreshment expenses	-	149
	Travel expenses	-	-
	Community Action Suffolk	30	29
	Other	-	99
	Other Travel Costs	-	281
	Project Management	553	179
	Carers Club & Info Cafe	1,302	924
	Fitness Club	1,446	1,437
	Volunteer Travel Costs	360	203
	Food 'n Friends	210	74
	Research Project	-	6,000
	Research Project Travel Expenses	-	544
	Carer's Coop & Debenham on Call	21	3,046
	Computer equipment and software	441	-
	Total	8,312	16,398
Governance costs		-	-
		-	-
	Total	-	-

Section C**Notes to the accounts****(cont)****Note 4 Support Costs**

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

Support cost type	Fundraising activity £	Charitable Activity £	Governance Activity £	Total Cost £
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Total	-	-	-	-

Note 5 Details of certain items of expenditure**5.1 Trustee expenses**

Please provide details of the amount of any payment or reimbursement of out-of-pocket expenses made to trustees or to third parties for expenses incurred by trustees. If no expenses were paid, please enter 'None' in the appropriate box(es).

Number of trustees who were paid expenses

Nature of the expenses

Total amount paid

This year	Last year
1	2
Expenses associated with running the Trust	Expenses associated with running the Trust
£2,974.24	£1,994.83

5.2 Fees for examination or audit of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner or auditor. If nothing was paid please enter NONE in the appropriate box(es).

Independent examiner's or auditors' fees for reporting on the accounts

Other fees (for example: advice, consultancy, accountancy services) paid to the independent examiner or auditor

This year £	Last year £
-	-
-	-

Section C**Notes to the accounts****(cont)****Note 6 Debtors and prepayments***Please complete this note if the charity has any debtors or prepayments.***Analysis of debtors**

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last period £
Trade debtors	-	-	-	-
Amounts due from subsidiary and associated undertakings	-	-	-	-
Other debtors	666	707	-	-
Prepayments and accrued income	564	1	-	-
Total	1,230	708	-	-

Note 7 Creditors and accruals*Please complete this note if the charity has any creditors or accruals.***6.1 Analysis of creditors**

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last period £
Loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Amounts due to subsidiary and associated undertakings	-	-	-	-
Other creditors	3,442	2,426	-	-
Accruals and deferred income	-	-	-	-
Total	3,442	2,426	-	-

6.2 Security over assets*If any loan, overdraft or other creditor holds a charge or other security over any assets of the charity please provide details.*

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Section C **Notes to the accounts** **(cont)**

Note 8 **Endowment and restricted income funds**

Please complete this section if the charity has any endowment or restricted income funds.

8.1 Funds held

Please give a brief description of any of the following type of funds held by the charity:

- permanent endowment funds (PE);
- expendable endowment funds (EE); and
- restricted income funds, including special trusts, of the charity (R).

Fund Name	Type PE, EE or R	Purpose and Restrictions
Norfolk and Suffolk Dementia Alliance	R	Research questionnaire into aspects of care, diagnosis etc of Dementia

8.2 Movements of major funds

Please give details of the movements of the major funds summarised in the restricted and endowment columns of the Statement of Financial Activities.

Fund names	Fund balances brought forward £	Incoming resources £	Outgoing resources £	Transfers £	Gains and losses £	Fund balances carried forward £
Suffolk Community Foundation	146	-	-	(146)	-	-
Norfolk and Suffolk Dementia Alliance Research Project	2,380	-	0	-	-	2,380
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
Total Funds	2,526	-	0	(146)	-	2,380

13.3 Transfers between funds

Please give details of any transfers between funds.

From Fund (Name)	To Fund (Name)	Reason	Amount
Suffolk Community Foundation	General	To allocate against intended purpose	146

Section C**Notes to the accounts****(cont)****Note 9 Transactions with related parties**

If the charity has any transactions with related parties (other than the trustee expenses explained in note 6) details of such transactions should be provided in this note. If there are no transactions to report, please enter "None" in the relevant boxes.

9.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee or other related parties by the charity or any institution or company connected with it.

Name of trustee or connected party	Legal authority (eg order, governing document)	Amounts paid or benefit value	
		This year £	Last year £

9.2 Loans

Please give details of and amounts owing to or from the charity's trustees or other related parties by the charity at the year end.

	Name of trustee or connected party	Legal authority	Amount owing	
			This year £	Last year £
Due to trustees and related parties				
Due from trustees and related parties				

9.3 Other transaction(s) with trustees or related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a trustee or related party has a material interest.

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £	Last year £