

As we prepare to celebrate another Christmas, reflect on the Old Year, and look forward to the New Year, my thoughts are always on how special the Debenham Project has proved to be. For more than 15 years it has provided support to so many families and individuals struggling to cope with the impact of dementia on their lives.

And what could be more expressive than our Sixties Party at the Community Centre just a few days ago — It was amazing, fantastic, joyous, nostalgic — everything that shouts out "Wonderful and Happiness" — such a great event — find us on Facebook to see all the pics. It couldn't have been bettered — Music, Dancing, Afternoon Tea, Quiz, Raffle, Dance East, AND ELVIS!!!!! Many, many thanks to Joy Walton and her team for making it happen.

So, at Christmas time it is a privilege to thank everyone, and there are very many, who have given their commitment in time and support to making, and being members of, the "family" that is The Debenham Project – A very special part of all our lives.

And to finish, thank you so much to Margeret for her very generous donation in memory of her husband John.

With all my best wishes for Christmas and throughout the coming year, Lynden