



Hi everyone,

Could you spare some time to give someone a lift to a hospital appointment?

Transport has always been a concern for those living in counties like Suffolk. Of course, it isn't quite so much of a difficulty if you can drive and have a car, you are on a direct bus route to a major town, and don't have physical mobility problems. But even so it's not easy when it comes to attending the many hospital, and other medically related, appointments that seem to govern our lives as we get older. Certainly, it is true that some do have family, friends, and neighbours who step in and help. But many do not and have to struggle by bus or must pay heavily for a taxi. And what if their appointment is in Colchester, Bury St. Edmunds, Cambridge? Which is why 8 years ago we set up our Transport Service. Our team of volunteer drivers are available if you are unable to get to any or all such appointments "under their own steam" by car or public transport. And more, they stay and can offer support for just as long as it takes, before returning you home – "no worries at all".

We have a great team of wonderfully kind drivers who, with just one or two exceptions, have always been able to take everyone who has asked. They all say how much they enjoy their trips and their passengers are all so very appreciative.

Would you like to join our team and become one of our lovely drivers?

Be kind enough to offer about ½ a day per fortnight?

Yes?

Then give me a call or contact us on our website to find out more.

Finally, thank you so much to Roy and the family and friends of Sue Parratt for their very generous donations made in her memory. They will be earmarked for funding our annual Felixstowe outing and other special events. And well done to Gina (Bonny Blooms) for her "mile-a-day" in support of the Project.

With all my best wishes, Lynden Jackson

www.the-debenham-project.org.uk ; 01728 862003