

## Short-Time Respite for Family Carers Living with Dementia

### 11. Home and Residential Care Cost Data

#### **Average Cost of a Social Care Package for a Family Living With Dementia (UK)**

There is no single “standard” dementia care package, because costs depend on whether the support is:

- **Home care (hourly)**
- **Live-in care**
- **Residential dementia care**
- **Nursing dementia care**

But we *can* give accurate national averages from the sources returned in search.

#### **1. Home Care (Hourly Support at Home)**

Dementia care is typically **15% more expensive** than standard home care because of the specialist skills required.

Typical UK hourly home-care rates (2025):

- Standard home care: £25–£35 per hour
- Dementia-specialist home care: **£30–£40 per hour** (after the 15% uplift)

A typical package for a family supporting someone with moderate dementia is:

- **2–3 visits per day (1–2 hours each)**
- Weekly cost: **£420–£840**
- Annual cost: **£22,000–£44,000**

#### **2. Live-In Dementia Care (24-hour support at home)**

Live-in care is increasingly common for families wanting to avoid residential care.

2025 national averages:

- Standard live-in care: **£1,100–£1,800 per week**
- Specialist dementia live-in care: **£1,400–£2,000 per week**

Annual cost:

- **£73,000–£104,000**

#### **3. Residential Dementia Care Homes**

The most robust national dataset (Lottie, 2025) shows:

**Average weekly residential dementia care cost (UK): £1,449**

Regional examples:

- East of England (your region): **£1,442 per week** for residential dementia care

Annual cost:

- **£75,000+**

#### **4. Nursing Dementia Care Homes**

For people with dementia plus complex medical needs:

- UK average: **£1,597 per week**
- East of England: **£1,577 per week**

Annual cost:

- **£82,000+**

#### **5. Lifetime Cost of Dementia Care**

The Alzheimer's Society estimates:

- **Average lifetime cost of dementia care: ~£100,000**
- **63% of this cost is paid by families themselves**

This is because dementia is *not* considered a health condition eligible for NHS-funded care unless needs are severe enough for Continuing Healthcare.

#### **The “average” package for a family**

Most families supporting someone with dementia at home use a **mixed package**:

- 1–3 hours of home care per day
- Occasional respite
- Carer support
- Day services (where available)

This typically costs:

**£400–£900 per week**

**£20,000–£45,000 per year**

Families needing live-in care or residential care face much higher costs.