

2. Community Involvement

Numbers involved in activities, groups and services

	Volunteers (Main)	Volunteers (Occ.)	Carers	Cared- For	Past Carers	Passengers	Other Participants	Professional
Carers	5	4	14	15	8			
Fit Club	2	2	5	4	1		8	2
Songs for Sharing	5	2	8	10	1		4	
TLC	5	1	7	4			2	
Care to Dance	4		4	4				2
Transport	23	2				74		
Coopersfield LC	5	1	7	8	1			
Hut	1	16	7	8	4		4	
Forms	2		4					
Pre/Post Diagnosis	2							
Carer Liaison	2							
Project								
Management	2							
Promotion	2							
Finance	1	2						
Admin	2							
Other		7						

N.B. These numbers do not directly equate to the total numbers of volunteers, carers, cared-for, etc. as many help/participate in several activities/groups.

Volunteer hours				
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Activity	No of volunteers needed to run this activity	Hours per session	Hours per month of activity	Average per week
Info café	6	2	24	6
Info café prep and clear down and cake purchase	2	10	20	10
TLC	4	3	12	3
Songs for sharing	5	2	10	5
Lunch club	5	2.5	12.5	4
Fit club	3	3	36	9
Care to Dance	4	3	24	6
Transport admin	2	16	32	8
Transport delivery	20	4	80	20
Website	2	1	4	2
Publicitiy	2	8	16	4
Face to face	2	3	12	3
General admin	1	2	8	2
Allotment	2	1	4	1
Hut	10	5	50	2
Hut admin	1	20	20	1
Garden party	3			20

Total			364.5	106