

Summary of responses from pre-trial questionnaire

Number of carers consulted

10

	Question	Yes	No	Comments
1	Do you currently have respite care?	4	4	
	If you have respite care, who provides it?			
	Friends	2		
	Care company (name)			1. Christies Care at Stowmarket Leisure Centre.
2a	Self employed carer	1		
	Family	4		1. As needed but they work so limited help available. 2. My bother in law takes my husband out for a few hours.
	Other			
2b	How do you use this respite care?			
	To have a quiet drink on my own			
	To visit friends			
	To go shopping			
	To attend appointments			
	To attend fitness/craft sessions/go swimming or similar	1		1. 6 mornings a week for personal care excluding showering
	Other	3		1. To go to the info café 2. 2-3 hours as required. 3. To share the care with others.
2c	How many hours respite support do you get each week?			
	Half hour			
	1-2 hours	1		
	Half day			
	Full day			
	Ad hoc			
	Other			
	If you don't have respite care, is there a reason for this?			

3	Not needed at the moment		1. I can manage at the moment. 2. I am able and keen to care myself. I wouldn't want to leave my partner with anyone else. 3. The GP has advised that I could be drawing respite support and service. 4. I can manage . 5 I can manage at the moment.
	Can't afford it		This wouldn't be an issue
	Don't know who to contact	1	
	Not confident it will work for me and my loved one	1	my partner might worry about this and not feel comfortable 1. I've been in touch with Suffolk Family Carers but it's a mine field. Passed from pillar to post.
	Don't have the time and/or energy to research providers	1	
4	Other		
	If you were to organise respite care support, what would you be looking for?		
	Half an hour once a week	1	
	1-2 hours each week		
	1-2 hours per fortnight		
	Ad hoc e.g. to attend appointments	2	1. Time to myself, time to go shopping, even for just an hour. Time to do the housework.
	Half a day once a week	1	It would be great to have a half day where I could go for a walk or go to the gym. I'm not as fit as I used to be and would like to get fitter again.
	Half a day once a fortnight		
	A full day each week		
	A full day once a fortnight		
5	Time at the weekend		
	Other		
	What sort of respite care support would you most need/request?		
	Befriending style with both you and your loved one	2	
	Care for your loved one while you go out	2	

Trips out with both you and your loved one e.g. for coffee or lunch 1

Other

6 **Do you have anything else you would like to add to our research?**

1. I think this respite care would be much appreciated if you can arrange it. At the moment my partner would not cooperate, saying he didn't need a babysitter. But