

Appendix 3: Community Involvement

Statistica data (as at 24/06/26) on the involvement of local carers and cared for, volunteers, professional supporters and other participants in the individual activities, groups and services

	Volunteers (Main)	Volunteers: Occasional)	Carers	Cared- For	Past Carers	Passenger journeys	Other Participants	Profess
Carers	5	4	12	12	4		4	
Fit Club	2		5	4	1		8	2
Songs for Sharing	5	2	7	7			7	
TLC	5	1	7	4			2	
Care to Dance	5	2	6	6	1			2
Transport Coopersfield	21	2				74	24	
Lunch Club	5	1	8	11	1			
Hut	1	16	7	8	4		4	
Forms	2		4					
Pre/Post Diagnosis	2		7	7				
Carer Liaison Project	2							
Management	2							
Promotion	2							
Finance	1	2						
Admin	2							
Respite initiative		2	4	4				4

N.B. These numbers do not directly equate to the total numbers of volunteers, carers, cared-for, etc. as many help/participate in several activities/groups.

Statistical data on average weekly/monthly time given by volunteers.

Volunteer hours				
Activity	No of volunteers needed to run this activity	Hours per session	Hours per month of activity	Average per week
Info café	6	2	24	6
Info café prep and clear down and cake purchase	2	10	20	10

TLC	4	3	12	3
Songs for sharing	5	2	10	5
Lunch club	5	2.5	12.5	4
Fit club	3	3	36	9
Care to Dance	4	3	24	6
Transport admin	2	16	32	8
Transport delivery	20	4	80	20
Website	2	1	4	2
Publicity	2	8	16	4
Face to face	2	3	12	3
General admin	1	2	8	2
Allotment	2	1	4	1
Hut	10	5	50	2
Hut admin	1	20	20	1
Garden party	3			20
Total			364.5	106

Statistics in relation to numbers supported by the Debenham Project, in and the surrounding area.

	Debenham	surrounding villages
Carers	9	14
Cared-for	12	11
Past Carers	12	14
Transport Passengers	62	10
Other Participants	14	0
Total	109	49