

## Sally Holmes

I have had many jobs over the years starting in the television industry, then a careers officer, then a TA in a Primary School, then 8 years working in a pet supply store and finally running my own dog walking business. Since moving to Debenham in 2022 I have taken on many volunteering roles such as the Monday Meet Up at Dove Cottage, Pastoral Carer for St Mary Magdalene's Church, helper at Sing and Share and The Debenham Project's Carer's Club and Information Cafe. I understand just how important The Debenham Project is, having experienced first-hand the many ways in which dementia can affect a family, with both my Dad suffering from dementia and my Mother-in-Law from Alzheimer's.

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